

Coaches Quick Reference Sheet 4/20

Mercy Rule	Min-Maj	Jr
15 Runs	3 Innings	4 Innings
10 Runs	4 Innings	5 Innings
8 Runs	5 Innings	6 Innings

Pitch Count -Days Rest-Max Pithces (Baseball Only)

After 20 every 15 pitches adds a rest day requirement

Pitch Count *	Days Rest	League Age	Max Pitches*
0-20	0	6-8	50
21-35	1	9-10	75
36-50	2	11-12	85
51-65	3	13-16	95
66+	4		

* Continuation rule: If a Pitcher meets any threshold while facing a batter, the pitcher will be allowed to finish that batter without penalty

For example, if a Pitcher is at 19 pitches, he can face the next batter. Although his next pitch is his 20th, he will be able to complete the batter regardless of the number of pitches. His Days Rest will still be at the 20-Pitch level

Pitcher/Catcher (continuation rule applies)

Pitcher: 41 pitches : Can't catch

Catcher 4+innings: Can't Pitch (1 pitch in 4th inning DQ's pitching eligibility)

Catcher moves to Pitcher & Pitches 21 pitches: cannot return to Catcher

Time Limits Per '26 Interleague Rules

Division	No New Inning	Stop
Minors	NA	2
Major/Jr M-F	2/2.5	Sunset +10min
Major/Jr SS	NA	NA
Major/Jr SS DH	NA	NA

Softball Pitching Rubber Distance

Junior	43ft
Major	40ft
Minor	35ft